



WHAT TO EXPECT

Facial Rejuvenation with Platelet Rich Plasma (PRP)

THE PROCESS IS – SAFE and Physiologically Active.

- Preparation is simple and quick, and completed on our premises in the appointment time.
- It can be used in multiple areas for facial rejuvenation.
- Persons between the ages of 25 and 80 years are most eligible candidates.
- Almost all skin tones show that the process is safe and effective because your own enriched plasma is used, but not all grades of wrinkling can be improved.
- Patient selection is important if predictable results are to be expected.

WHICH FACIAL AND BODY AREAS CAN BE TREATED?

The most common areas treated are: Eyes, Cheeks and Mid Face, Mouth, Neck, Chest and Décolletage, Jaw-Line, and Back of hands and arms.

WHAT IS THE PROCESS OF FACIAL REJUVENATION with PRP?

- Your practitioner will assess the degree of skin aging, perform a skin analysis, and recommend a sensible treatment with reasonable outcome.
- Options of facial rejuvenation are explained to you, including efficacy and safety. Cost analysis is discussed and the number of sessions possibly required.
- A photograph of the skin is taken to assist the follow-up and grading of the improvement
- A topical numbing agent may be used
- Prior to treatment a blood sample of 20 – 55ml is extracted from the patient. This blood is placed in the centrifuge for about 15 minutes. When centrifugation is complete your plasma will be separated from your red blood cells. The rich platelets are extracted and prepared for injection.
- The PRP is then injected into the skin. Platelets gradually increase collagen which can increase skin thickness and overall health of the skin.
- This process and injection time takes approximately 45 minutes – 1 hour in total.

SIDE EFFECTS OF REGEN - PRP FACIAL REJUVENATION

Side Effects are Minimal: Generally you can expect minimal swelling, bruising and redness for 12-24 hours, but it may last longer. This is not a problem. All individuals heal at different rates.

EXPECTATIONS FOR REGEN – PRP

- Results are visible at 3 weeks and improve gradually over ensuing months with improvement in texture and tone.
- Cosmeceuticals and Light therapies can enhance the results.
- Advanced wrinkling cannot be reversed and a minimal improvement is predictable in persons with drug, alcohol and tobacco usage.
- Severe scarring may or may not respond.

ARE RESULTS IMMEDIATE?

No. Swelling from the fluid is what you will see and feel first. Once the swelling has subsided you will not see much change at all. Over a few weeks the Platelets will stimulate the growth factors which will assist in more collagen growth.

HOW MANY TREATMENTS ARE REQUIRED?

This will depend upon the health and age of your skin. Normally it is advised to have 2 – 3 treatments 4 weeks apart. However your clinician will determine your treatment protocol according to your skin condition.

HOW LONG DO RESULTS LAST?

Treatment results vary however in most patients the results last up to 18-24months. Yearly touch-up treatments are recommended and will maintain the results.

WHO SHOULD NOT HAVE THIS TREATMENT?

- **Persons who have any kind of blood disorders such as:** Platelet Dysfunction Syndrome, Critical Thrombocytopenia, Hypofibrinogenaemia, Haemodynamic Instability, and those on Anti Coagulation Therapy.
- Person with Skin Diseases
- Cancer and Chemotherapy patients
- Patients with Severe Metabolic and Systemic Disorders
- Patients with Chronic Liver Pathology